

# **Anti-bullying, Culture of Care**

#### 1. Welcome

- a. Introductions.
- i. Introduce officers.
- ii. Introduce advisor.
- iii. Introduce guests.
- b. Icebreakers Check out these ideas to kick off the meeting.

#### 2. Old business

- a. Report on any service projects completed after last meeting.
- b. Review current projects.
- i. Determine what has been planned to date.
- ii. Discuss remaining plans to be made.
- iii. Assign members to each task.

#### 3. New business

- a. Every year, thousands of young people are bullied face-to-face at school, after school and online through social media, texts and gaming chats. In one recent study of 32 countries, four in 10 teens reported being involved in a bullying incident. Our goal is to help Builders Club members respond to bullying and be a positive force in their schools to stop bullying and support victims.
- **b. Cyberbullying** occurs when one person or a group of people use electronic means via computers or mobile phones to torment, threaten, harass, humiliate, embarrass or target another person.
- c. View the video: "Create No Hate."
- d. What kinds of cyberbullying, harassing or cruel online treatment incidents as depicted in the video have you seen in our school?
- e. If you feel comfortable sharing, have you or one of your friends ever been the victim of cyberbullying?
- f. What can we each do to combat cyberbullying?

g. View this <u>Culture of Care Conversation</u> featuring two past Key Club International leaders, Caroline Bushnell and Glory Kalu, and special guest Burton Patterson. Patterson is founder of Step Up with Kindness, an anti-bullying program for schools, and current director of prevention and education for the Indiana Coalition to End Sexual Assault and Human Trafficking.

## 4. Home project

a. If your parents give permission, research online some of the resources from the resource page to deal with this big problem. Bring your ideas to the next club meeting, where we'll discuss projects our Builders Club can do for our school.

## 5. Adjournment

- a. Thank everyone for their participation, especially the guests.
- b. Give details about the next meeting.

For additional resources, please refer to this page from the Builders Club website.

**Usage Survey** — As we look ahead, we would appreciate your input on the meeting kits. Please <u>take this survey</u> to give us your feedback and suggest any topics you would like to see on future kits!